

# Institute for Orthopaedic Surgery Monitoring Coronavirus (COVID-19)

The Institute for Orthopaedic Surgery continues to monitor the latest novel coronavirus (COVID-19) updates from the Centers for Disease Control and Prevention (CDC). Our clinical leaders have implemented protocols that are consistent with CDC guidelines to ensure the quality and safety of the care we provide to our patients.

## What should you do if you think you have coronavirus?

If you are concerned that you or a family member have been exposed or are experiencing symptoms, take one of these steps:

1. Call your primary care provider. You will be advised what to do next and your provider may schedule you for an appointment. If you do not have a primary care provider, it is recommended to call the community call center, (419) 226-9000
2. If you have chest pain, shortness of breath, dizziness, a severe headache or other potentially life-threatening problems, go to the nearest emergency department or call 911.

## Frequently Asked Questions

### What are the symptoms of coronavirus?

According to the [CDC](#), reported illnesses have ranged from mild symptoms to severe illness. The following symptoms may appear 2-14 days after exposure:

- Fever
- Cough
- Shortness of breath
- Chills
- Muscle pain
- Headache
- Sore throat

## **What can you do to reduce your risk of getting coronavirus?**

Follow [CDC guidelines](#) for prevention, which include:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Wash your hands often with soap and water for at least 20 seconds.
- Stay home when you are sick.
- Cover your cough.

## **What are the current visitor restrictions?**

We are not currently allowing visitors to enter the hospital.

For pediatric patients, visitors are limited to a designated caretaker/guardian (only one at a time). Exceptions will be considered when a visitor is essential for the patient's emotional well-being and care.

Visitors must be healthy with no signs of active illness (no fever, cough, shortness of breath or flu-like symptoms).

## **What are the current affected services?**

The Institute for Orthopaedic Surgery is beginning to resume non-emergency and elective care services. Please note that the timing of procedure rescheduling will vary based on patient need, clinical criteria, physician recommendations and state and federal guidelines. If you had a procedure that was postponed, we will call you to reschedule your appointment.

## **Other trusted sources**

- Centers for Disease Control and Prevention (CDC)
- Ohio Department of Health: 833-427-5634
- World Health Organization (WHO)
- Local city and county health departments